



September 17th is **Constitution Day.** September 17, 1787 the U.S. Constitution was signed by 39 Founding Fathers in Philadelphia.



**DAILY BREAKFAST CHOICES**  
Choose up to 2 Grain Choices such as cereal (=1), toast (=1), pancakes (=2), cinnamon Texas toast (=2)

**OR**  
Choose 1 Grain and 1 Meat Choice such as a breakfast sandwich (=1G/1M)  
Must choose at least 1: Fruit or Juice  
May Choose 1: Milk

**DAILY LUNCH CHOICES:**  
Choose 1: Entrée  
Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their meal)

**Available Daily:** Meatless Entrée, Entrée Salads, Cold Sandwiches, Variety of Fruits & Juices  
May Choose: 1 Milk; Low Fat White Milk, Fat Free Flavored or Skim Milk

Mon	Tue	Wed	Thu	Fri
<p><b>Featured Entrée * In Red*</b></p> <p>Visit <a href="http://nutrislice.com">nutrislice.com</a> for Menu &amp; Nutrition Information</p>	<p>1 Scrambled Eggs, Bacon &amp; Biscuit (M/1B)</p> <p><b>Choose One:</b> <b>*Chicken Egg Roll*</b> Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Seasoned Black Beans Waffle Fries/Romaine Salad</p>	<p>2 Pancake Minis (2B)</p> <p><b>Choose One:</b> Chicken Fajita w/2 Tortillas Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Marinara Cup/Refried Fiesta Beans Mixed Vegetables/Sliced Cucumbers</p>	<p>3 Breakfast Pocket (Knish) (1M/1B)</p> <p><b>Choose One:</b> Boneless Buffalo Chicken w/Roll Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich <b>Choose:</b> Spinach or Collard Greens Deli Roasted Potatoes Mixed Or Tossed Salad</p>	<p>4 Chicken Breakfast Bites (M/1B)</p> <p><b>Choose One:</b> Sweet Thai Chili Chicken Over Rice &amp; Roll Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Tator Tots/Stir Fry Vegetables Carrots w/Dip</p>
<p>7 School Closed</p>	<p>8 Bacon Egg &amp; Cheese Pizza (1M/1B)</p> <p><b>Choose One:</b> Chicken Souvlaki On Flatbread Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Carrots/Broccoli Romaine Salad/Marinara Cup</p>	<p>9 Glazed WG Dunker (2B)</p> <p><b>Choose One:</b> Popcorn Chicken w/Biscuit Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Green Beans/Mashed Potato &amp; Gravy Sliced Cucumber</p>	<p>10 Chicken Biscuit (1M/1B)</p> <p><b>Choose One:</b> Max Sticks Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Marinara Cup/Refried Fiesta Beans Corn/Mixed or Tossed Salad</p>	<p>11 Sausage Gravy Brkfst Toast (1M/1B)</p> <p><b>Choose One:</b> Cornmeal Fish Strips w/Hushpuppies Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Spinach or Collard Greens Tomato Soup/Carrots w/Dip</p>
<p>14 Blueberry Bash Mini Waffles (2B)</p> <p><b>Choose One:</b> General Tso's Chicken w/Rice &amp; Roll Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Corn / Stir Fry Vegetables Fresh Veggie Sticks</p>	<p>15 Sausage Biscuit (1M/1B)</p> <p><b>Choose One:</b> Chicken &amp; Broccoli Penne Alfredo w/Breadstick Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Green Beans/Carrots Romaine Salad</p>	<p>16 Apple Cinnamon Texas Toast (2B)</p> <p><b>Choose One:</b> Chicken Nuggets &amp; Roll Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Baked Beans Sweet Potato Waffle Fries Sliced Cucumbers</p>	<p>17 Ham &amp; Cheese Croissant (1M/1B)</p> <p><b>Choose One:</b> Pork Carnitas Bowl w/Flatbread Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Marinara Cup/Broccoli Seasoned Black Beans Mixed or Tossed Salad</p>	<p>18 Cinnamon Roll (2B)</p> <p><b>Choose One:</b> Meatball Sub Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Seasoned Curly Fries Mixed Vegetables Carrots w/Dip</p>
<p>21 Breakfast Sausage Bagel (1M/B)</p> <p><b>Choose One:</b> Beef Dippers w/Rice &amp; Roll Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Broccoli Corn Fresh Veggie Sticks</p>	<p>22 Scrambled Eggs Bacon &amp; Biscuit (1M/1B)</p> <p><b>Choose One:</b> <b>*Chicken Drumstick w/Corn Muffin &amp; Okra*</b> Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Waffle Fries Seasoned Black Beans/Romaine Salad</p>	<p>23 Pancake Minis (2B)</p> <p><b>Choose One:</b> Chicken Fajita w/2 Tortillas Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Marinara Cup/Refried Fiesta Beans Mixed Vegetables Sliced Cucumbers</p>	<p>24 Breakfast Pocket (Knish) (1M/1B)</p> <p><b>Choose One:</b> Boneless Buffalo Chicken w/Roll Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich <b>Choose:</b> Spinach or Collard Greens Deli Roasted Potatoes Mixed Or Tossed Salad</p>	<p>25 Chicken Breakfast Bites (1M/1B)</p> <p><b>Choose One:</b> Sweet Thai Chili Chicken Over Rice &amp; Roll Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Tator Tots Stir Fry Vegetables Carrots w/Dip</p>
<p>28 Pancake Pup (1M/1B)</p> <p><b>Choose One:</b> Firecracker Chicken w/Rice &amp; Roll Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Baked Beans / Oven Fries Fresh Veggie Sticks</p>	<p>29 Bacon ,Egg &amp; Cheese Pizza (1M/1B)</p> <p><b>Choose One:</b> Chicken Souvlaki On Flatbread Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Carrots Broccoli Romaine Salad</p>	<p>30 Glazed WG Dunker (2B)</p> <p><b>Choose One:</b> Popcorn Chicken w/Biscuit Assorted Entrée Salad Assorted Hot &amp; Cold Sandwich Choice <b>Choose:</b> Green Beans Mashed Potato &amp; Gravy Sliced Cucumber</p>		